



SAINT LUKE INSTITUTE

SHORT-TERM RESIDENTIAL

The Visitation Program provides short-term residential treatment for clergy and religious who have relapsed with addictions or mood issues, or who need more intensive treatment than outpatient therapy has provided.



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- *Three-month residential treatment in a recovery community*
 - *Two-month intensive treatment program, followed by one month in transitional residential program*
 - *Psychological and therapeutic services integrated with Catholic spirituality and sacramental life*
 - *Continuing care and reintegration support*
 - *Full-time, on-site psychological, nursing and psychiatric services*
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The Visitation Program offers the expertise of Saint Luke Institute's signature residential program and clinical staff in a short-term format.

It is designed for clergy and men and women religious who have relapsed from a behavioral or chemical addiction; are at risk of a relapse due to stressors such as depression, significant life transitions such as grief or a change in ministry; or have not had success with outpatient therapy.

Treatment focuses on regaining sobriety, strengthening recovery skills and stabilizing psychological issues.

Participants have access to Saint Luke's full range of therapies and spiritual formation programs, and attend on- and off-site 12-step meetings as appropriate. The last month of recovery focuses on transitional skills and relapse prevention.



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