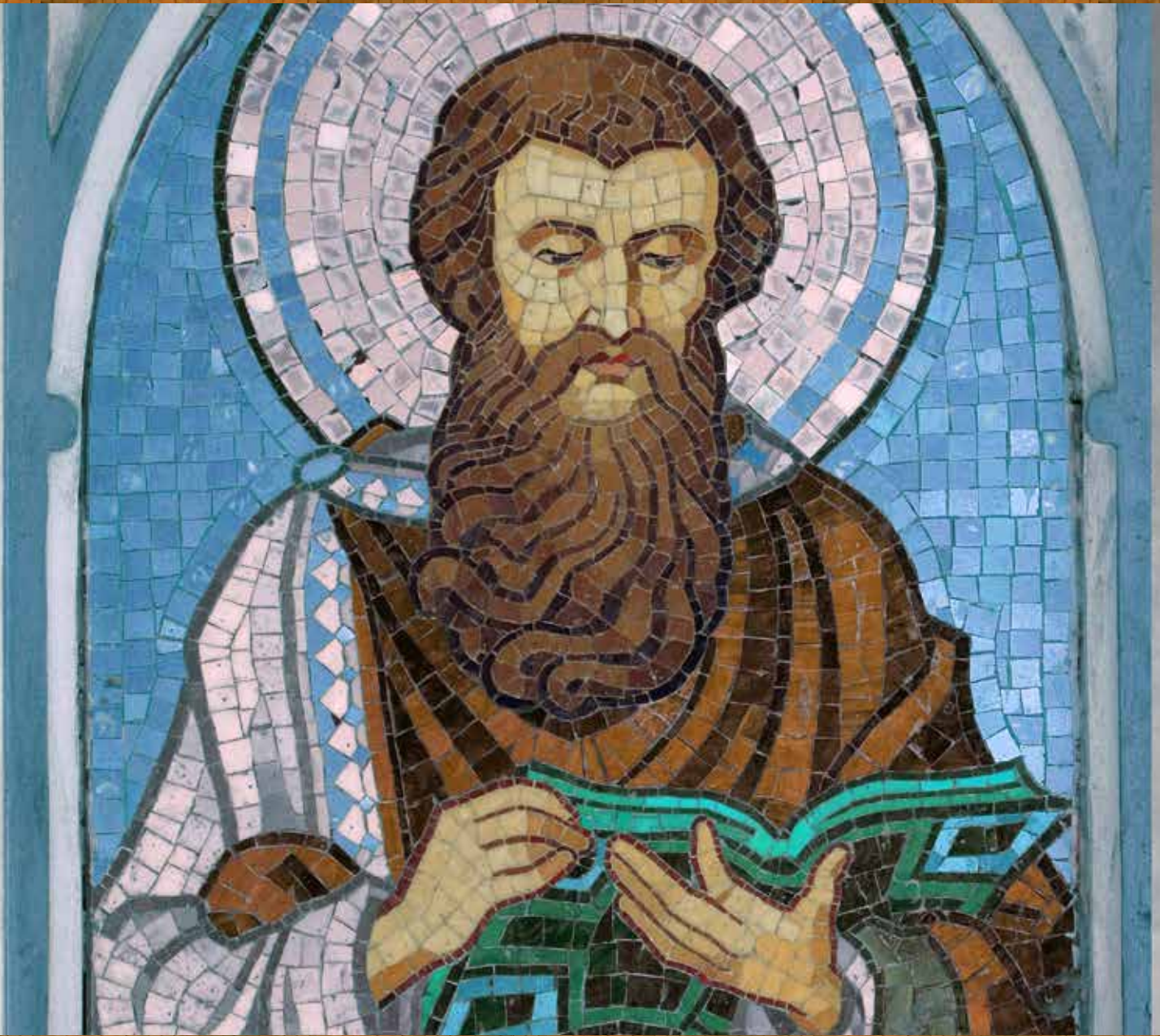


# STRENGTHENING MINISTRY



SAINT LUKE INSTITUTE

ANNUAL REPORT | JULY 1, 2019-JUNE 30, 2020

*Saint Luke Institute strengthens the psychological and spiritual well-being of Catholic clergy and religious.*



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## ACCREDITATION

*Saint Luke Institute is accredited by The Joint Commission and licensed by the State of Maryland Department of Health and Mental Hygiene.*

*The Joint Commission Accreditation for behavioral health care organizations is a nationally recognized leader in accreditation. The Joint Commission is an independent, objective evaluator of care quality. Accreditation from the Joint Commission is a “gold seal of quality” and a mark of distinction for behavioral health organizations.*

*Over many decades Saint Luke Institute has achieved this standard of quality. It is our commitment to the Catholic Church and its servants to provide quality care, treatment, and service.*





“SEE, I AM DOING  
SOMETHING NEW!”

*Fr. David Songy, O.F.M.Cap., S.T.D., Psy.D.  
President and CEO*



Dear Friends in Christ,

Christians celebrate time. We move through the seasons of Advent, Christmas, Ordinary Time, Lent, and Easter just as surely as we move through winter, spring, summer, and fall. However, this past year has been one of disruption; familiar rhythms of time have been displaced. Sometimes we have waited in hope, but too often for many of us, especially the priests and religious we serve, we have been waiting in anxiety, depression, fear, anger, and despair. We have been in the COVID-19 wilderness a long time.

We have been closed off from our routines, family, friends, colleagues, and faith communities that buffer the everyday experience of human suffering. We await a breakthrough, to be told, “All is well; we are past this; we can go back to ‘normal.’”

Recently, I have been questioning whether going back to normal is what we truly want or even best for us, meditating upon Isaiah 43:19, “See, I am doing something new! Now it springs forth, do you not perceive it? In the wilderness I make a way, in the wasteland, rivers.” I wonder if a breakthrough to a new way of relating and being—a deeper level of caring for one another—are the promised rivers from this wasteland. God’s voice challenges, “Do you not perceive this?”

For Saint Luke Institute, hopeful signs have been springing forth, leading us to imagine new ways of providing treatment for our clients. As a healthcare system, we are challenged to deliver the highest quality care, at an affordable rate, while reaching even more clergy and religious. Our commitment to the long-term stewardship of your generous donations also leads us to renew our efforts to spend each dollar as wisely as possible.

This summer Saint Luke Institute will be implementing an Intensive Outpatient Program in Maryland. Be assured you will hear more about our new endeavor over the next several months.

I believe Providence is guiding Saint Luke Institute to something new. While anything new may feel unsettling, it is often a sign of God’s grace, the springing forth of the Spirit that renews and rejuvenates.

In the peace of Christ,



Fr. David Songy, O.F.M.Cap., S.T.D., Psy.D.  
President and CEO





# EDUCATION: MEETING NEEDS IN THE VIRTUAL WORLD

*Ms. Beth Davis, M.A.  
Director of Education*



SLIconnect, the education ministry of Saint Luke Institute, supports the spiritual and psychological development of men and women in Church ministry worldwide through practical, skills-based online courses, in-person workshops, and online and print publications. In 2020 our online resources became especially meaningful for ministry leaders when the global pandemic limited our ability to connect, worship, and learn in person. Our response to the needs of Church leaders began on March 23, 2020, and consisted of several key elements:

- Compiling existing online resources for resiliency and stress management, making all of the content free and easily accessible
- Developing key messaging and content for SLI.org, including safety updates and resources for leaders
- Establishing a temporary COVID helpline for clergy and religious
- Producing several short free videos and articles supporting mental and spiritual health on topics such as managing coronavirus anxiety, participating in the sacraments during social distancing, managing interpersonal tensions, and keys to psychological stability
- Presenting three free webinars on transformative grief, resilient responses to trauma, and spiritual growth in times of crisis
- Receiving a grant for a three-part webinar series, "Grace & Bias: Forming Catholic Leaders Around Issues of Race." Participant responses to our series included:
  - "You give hope that there IS something we can do to heal this 'virus' of racism . . . thank you!"
  - "Thank you for offering such wonderful presentations that will stretch our minds and souls."
  - "Thanks for a fantastic presentation. It was exactly what I was going for as we work to begin a dialogue about racism in my parish."

## Take a Look at SLI's Response to COVID-19

### Resiliency Resources

[SLIconnect.org/resiliency](https://SLIconnect.org/resiliency)

### COVID-19 Communications

[sli.org/covid-19-response](https://sli.org/covid-19-response)



This outreach resulted in a variety of positive outcomes, including a 145 percent increase in the number of visits to SLIconnect.org in FY 2020, averaging over 4,000 visitors a month in the first six months of 2020. The pandemic-related videos have been viewed over 14,000 times. Over 780 participants registered for the free webinars, with access to the recordings still available to all users.

Dioceses and religious communities who had to cancel in-person workshops invited us to join them online instead, and our experts were able to reach hundreds more ministry leaders around the world during this time of personal and community crisis.

## “ Here’s what SLIconnect users have to say about us:

“Thank you for your excellent, insightful, and clear presentation during this challenging time in our world. And thank you to SLI for these free webinar offerings – so very helpful, hope-filled, and reflective.”

“Excellent presentation and so very timely.”

“This has been valuable in helping me and others in the process of grieving during this difficult time.”

“This course is one of my favorites to date! Very helpful and applicable even beyond the COVID situation.”



### Your Support Educates

SLI is investing in the mental and spiritual well-being of today's clergy, religious, and lay ministers because of your support. Take a look at the expertly developed resources available to the Church at [SLIconnect.org/resources](https://SLIconnect.org/resources).



# WHEN OPPORTUNITY KNOCKS: 2020 VIRTUAL BENEFIT FOR SAINT LUKE INSTITUTE



*Ms. Kathy Carver*  
*Director of Institutional Advancement*

## Reimagining a Distinguished Tradition

Some might say that tinkering with familiar and esteemed traditions is folly. Yet the reality of the coronavirus meant that the 23rd Annual Saint Luke Institute Benefit would not follow its traditional trajectory. When the rules were thrown out, imagination and vision of the possible took center stage as SLI board and staff asked, "What if...?" The result was a virtual benefit that featured newly created videos to share our stories.

## Telling SLI's Story

Saint Luke Institute has long been at the forefront of compassionate care delivered by highly skilled and experienced clinicians and spiritual directors. SLI was founded in 1977 as an outpatient alcohol abuse program in Maryland for priests. The videos allowed us to showcase SLI as the leading voice for prevention and early intervention in mental health concerns, as well as the expert in treatment for clergy, religious, seminarians, and vocational candidates. Beyond alcohol abuse, we were able to highlight the needs that bring men and women to SLI: mood disorders, anxiety, stress, addiction, grief, anger, trauma/abuse, and relationship issues.

## Telling Your Story

From the videos, we know that the men and women who support Saint Luke Institute understand the human condition and that clergy and religious are not immune to mental health disorders. Often, donors have experienced the very same mental health challenges that bring clients to our door. You are compassionate and care deeply about the Catholic Church and the men and women who minister in its name. SLI is grateful for you: for you are faithful and put mercy into action with every dollar you donate to Saint Luke Institute. Because of you, vocational assessments are conducted, educational programs are developed to address emerging needs in mental health care and prevention, and clinical treatment and spiritual direction is provided through residential, traditional outpatient, and telehealth settings.

## Two Short Videos Highlight SLI's Ministry

**A Donor's View**  
[SLI.org/donate](https://SLI.org/donate)



**Our Healing Ministry**  
[SLI.org/#healing](https://SLI.org/#healing)



*This year SLI served 3,842 members of clergy, religious, vocat*

## The Virtual Benefit Advantage

Participation nearly doubled with 242 views of the Virtual Benefit (125 attended in 2019). Benefit donors increased from 120 in 2019, to 145 in 2020, and donated \$235,232 in 2020.

### A Virtual Success



#### Our Host

Always the enthusiastic host, Archbishop Christophe Pierre, Apostolic Nuncio to the United States, welcomed Virtual Benefit participants from the Nunciature with warmth and sincerity. From the opening to closing prayers and remarks, he shared his commitment to Saint Luke Institute's ministry and gratitude of the Catholic Church for all donors who support our important work. We look forward to when we can meet again in person at the Nunciature.



#### Benefit Co-Chairs

Rear Admiral Jim Hinkle and Meredith Hinkle graciously filled two roles as event co-chairs and emcees for the online event. Their natural ease with communication and love for our clergy and religious showed through as the cameras rolled. As new members of the SLI family, they eagerly learned of our history and current operations, becoming able advocates of mental health care for clergy and religious. We are grateful for their flexibility as Benefit plans changed in response to COVID-19.



#### 2020 Saint Luke Award Recipient

Archbishop Timothy P. Broglio, J.C.D., Archbishop for the Military Services, received the Saint Luke Award in recognition of his commitment to the well-being of Catholic clergy and consecrated religious. In receiving this award, he also brought recognition to Catholic military chaplains who provide comfort, the sacraments, and guidance to the men and women serving in the military at home and abroad. See the Archbishop's full remarks in the Virtual Benefit Video.

### Did You Miss the Virtual Benefit?

Watch anytime online.

[SLI.org/virtualbenefit](https://SLI.org/virtualbenefit)



*ional candidates, and lay people because of your contributions.*

# SAINT LUKE INSTITUTE AT A GLANCE

## INDIVIDUALS SERVED

3,842 men and women  
the Institute served  
(care and education)

Men who received evaluations  
and treatment..... 358

Women who received evaluations  
and treatment ..... 130

168 candidate assessments  
for men and women

## INSTITUTIONS AND LOCATIONS SERVED

49

Arch/dioceses

87

Religious  
orders

4

Countries outside  
of U.S.

35

States in  
the U.S.

## FY'20 CLIENT CARE PERSONNEL

69

People  
dedicated to  
direct client care

26

Doctors  
on-site

8

Clinicians

16

Nurses

19

Spiritual  
Directors

## SERVICES CONTINUE DESPITE PANDEMIC

Even as the pandemic interrupted services by not being able to conduct evaluations and accept new clients for four months of FY'20, SLI evaluated and treated 488 individuals, compared to 498 in FY'19. Additionally, SLI conducted an additional 10 candidate assessments over FY'19.





# OPERATING REVENUE, EXPENSE, AND CHARITY CARE PROVIDED

July 2019 - June 2020

TOTAL REVENUE	
Donations	\$998,487
Patient Revenue	\$7,554,374
Investment Income	\$5,397
	<b>\$8,558,258</b>

OPERATING EXPENSES	
Personnel	\$7,521,413
Facility	\$1,371,023
Office	\$749,560
	<b>\$9,641,996</b>

## 160

Clients who received charitable discounts to access services including: evaluation, treatment, education, or a candidate assessment.



# IN GRATITUDE FOR OUR PARTNERS IN MISSION AND MINISTRY

## \$50,000

Mrs. Anna DePeyster

## \$25,000

Archdiocese of Washington  
Knights of Columbus  
Page Family Foundation

## \$20,000–\$10,000

Adelaide Kroeger and Marie Kroeger Albee  
Charitable Trust  
Andreas Foundation  
Mr. and Mrs. David S.J. Brown, KM  
Most Reverend Robert A. Brucato  
Mr. and Mrs. Daniel A. D'Aniello  
Colonel and Mrs. Daniel and  
Christine W. Gill  
Mr. and Mrs. Terry Lindsay Jr.  
Mr. and Mrs. Jeremiah Norton  
The Honorable and Mrs.  
Terrence O'Donnell, KM  
Mr. and Mrs. Paul Rossetti

## \$9,999–\$5,000

American Endowment Foundation  
Archdiocese of Atlanta  
Archdiocese of Detroit  
Archdiocese of New York  
Mr. and Mrs. Kevin Baine  
Church of the Little Flower, Bethesda, MD  
Anonymous  
Loyola Foundation  
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The Honorable and Mrs.  
R. James Nicholson, KM  
Nino R. Vaghi Foundation, Inc.  
Our Lady of Gethsemani Abbey  
United Bank

## \$4,999–\$2,500

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Mr. and Mrs. Raymond C. Brophy  
Mr. and Mrs. G. Patrick Clancy Jr.  
Dyer & Associates P.C.  
Georgetown University  
Mr. and Mrs. Henry K. Goetzman  
Rear Adm. and Mrs. James Hinkle  
Sister Ellen LaCapria DC  
Mr. and Mrs. John Lindsay  
Missionary Servants of the  
Most Holy Trinity  
Saint Luke Catholic Church, McLean, VA  
Dr. and Mrs. Enrique Segura  
Rev. Msgr. Ronald J. Swett  
The John and Elizabeth Lane Foundation  
The RCM&D Foundation, Inc.  
Mrs. Agnes N. Williams



## \$2,499–\$1,000

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Deacon Mark Rougeux  
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St. Bartholomew Catholic  
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 Religious, Inc.  
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 Reverend Thomas E. Sutton  
 The Leary Family Trust  
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## Planning Giving

Planned gifts to Saint Luke Institute expand the accessibility of professional mental health care to Catholic clergy and men and women religious. For donors, a planned gift offers a way to make a statement about their values and support of the Catholic Church.

Often people believe that planned giving is only for the very wealthy. In fact, most planned gifts are moderate in nature and are in relationship to donor capacity. Planning ahead for a legacy gift allows donors to balance their desire to support their preferred charities while ensuring care for their family members.

The most common form of an estate gift to Saint Luke Institute is a specific bequest in a will or revocable trust. In addition to providing critically needed funds to support our mission, a contribution to Saint Luke Institute qualifies for an estate tax charitable deduction.

Please consider including Saint Luke Institute in your legacy and as a testament to your support for Catholic clergy and religious.

**To learn more, visit [SLI.org/donate/planned-giving](http://SLI.org/donate/planned-giving) or contact Christopher Anderson ([christophera@sl.org](mailto:christophera@sl.org) or 301-422-5593).**

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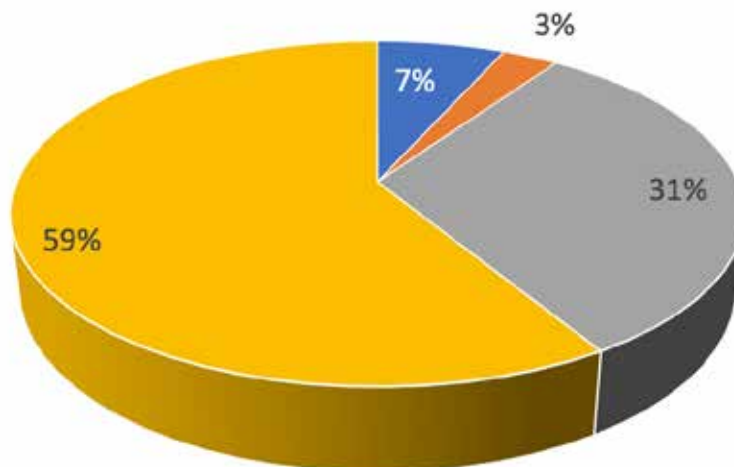
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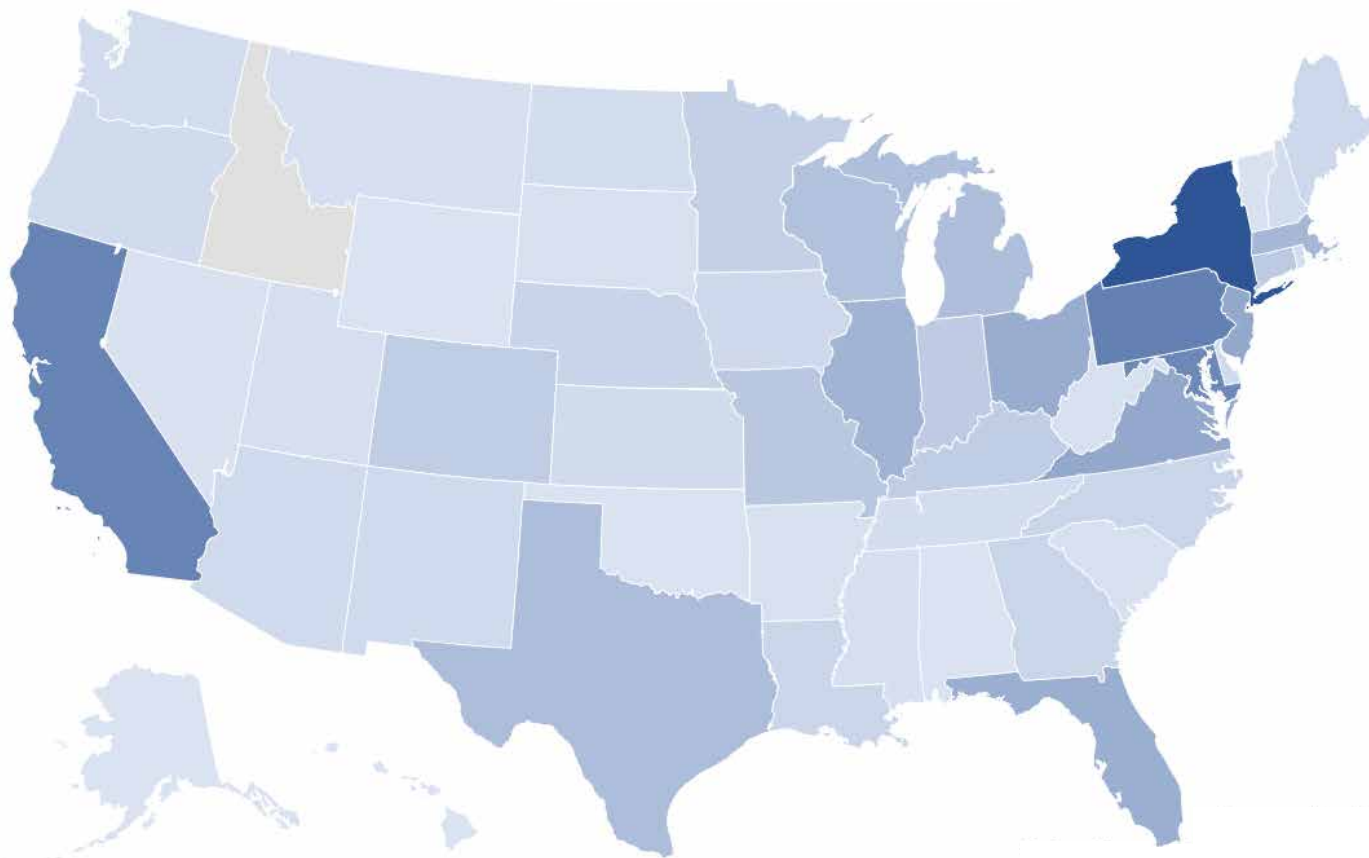
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*Fundraising today must meet the needs of donors who span generations, from 20 to 90 years of age, and of various levels of wealth. Saint Luke Institute recognizes the variance among our donors and wishes to provide donors giving vehicles that fit each donor “just right.”*

## Which Opportunity Is Best for You?

### Donor Advised Funds

A donor advised fund (DAF) is a philanthropic giving vehicle that provides an immediate tax benefit to individuals while creating a way to support charities like Saint Luke Institute by directing grants at a later time. Increasingly, many supporters of Saint Luke Institute donate through their DAF.

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Gifts of long-term, appreciated stocks and bonds can provide a double benefit: donors may be eligible for both a charitable tax deduction for the value of the securities on the day of transfer, and they may not be responsible for taxes on any gains from the time the stock was acquired. Contact the development office for transfer instructions and more information.

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Help strengthen the Church for future generations by remembering Saint Luke Institute in a will or Revocable Trust. Learn more at [SLI.org/donate/planned-giving](http://SLI.org/donate/planned-giving) and on page 11 of this report.

### Give Online

Donate safely and securely online via credit or debit card at [SLI.org/donate](http://SLI.org/donate). Gifts may be made “one-time” or you may opt to be a regular patron of Saint Luke Institute by making a “recurring gift online.” The donor sets the frequency (monthly or quarterly) and the amount.

### Check by Mail

Simply note “donation” on the memo field and make the check payable to Saint Luke Institute. Donation should be mailed to:

Saint Luke Institute  
ATTN: Advancement  
8901 New Hampshire Avenue  
Silver Spring, MD 20903

For more details on ways to give, please contact Christopher Anderson, Director of Development (301-422-5593 or [christophera@sl.org](mailto:christophera@sl.org)); or visit [SLI.org/donate](http://SLI.org/donate).



# ANALYSIS LEADS TO NEW TREATMENT MODEL



*Mr. David S.J. Brown, K.M.  
Chairman, Board of Directors*

I am pleased to share this report with you on the healing ministry of Saint Luke Institute. For over a year, the Board of Directors has been engaged in assessing options for increasing the level of service that SLI can provide for the Church in a time that dioceses and religious orders have been hard-pressed to fund residential treatment. In addition, we want to respond to growing requests for assessments of seminary candidates and increase opportunities for earlier interventions.

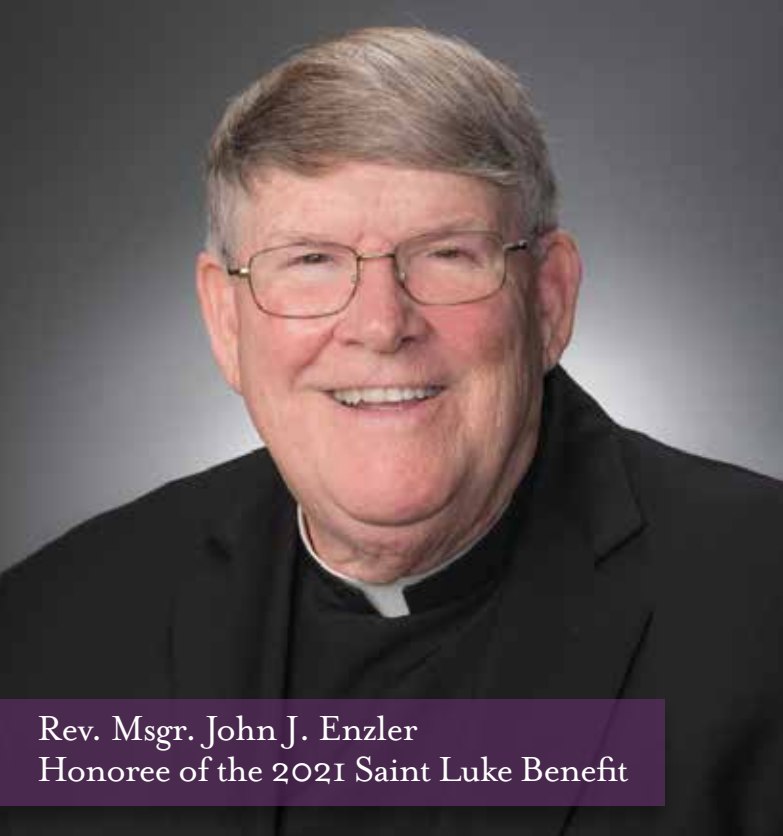
The clinical staff and Board of Directors believe that an Intensive Outpatient Program (IOP) model will equip SLI to serve wider needs in current and future environments. This model is a standard practice within the mental health field. The unique aftercare that SLI provides for five years, a hallmark of our treatment method, will continue. SLI is committed to retaining our current high level of therapists as we fully implement this new model.

An Intensive Outpatient Program model will be welcomed by dioceses and religious order leaders. This model will result in the decrease of direct client costs paid by a diocese or religious order, while health insurance reimbursements for treatment will increase.

We appreciate your steadfast support for SLI and will continue to need it as we transition to this new model. Change is always challenging but ultimately rewarding if we can provide greater service to priests and men and women religious.



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Honoree of the 2021 Saint Luke Benefit

## Save The Date

Join us in support of the men and women who faithfully serve Christ and the Catholic Church.

### 2021 Benefit to Support Saint Luke Institute

*Monday, October 18, 2021 | 6:30 p.m.*

*Host: Archbishop Christophe Pierre, Apostolic Nuncio*

*Honoree: Rev. Msgr. John J. Enzler, President and CEO  
Catholic Charities, Archdiocese of Washington*

*Pandemic or not, our ministry continues, and your support is vital  
as we strengthen our abilities to serve the Church.*

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Contact Christopher Anderson (301-422-5593 or [christophera@sli.org](mailto:christophera@sli.org))  
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