



SAINT LUKE INSTITUTE

COMPASSIONATE CARE

*reimagined*

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## INTENSIVE OUTPATIENT PROGRAM

### *A New Way Forward*

Saint Luke Institute's new initiative, an Intensive Outpatient Program (IOP), is being launched in summer 2021. The Silver Spring, Maryland-based IOP allows clients to live at a local retreat house or with a religious order while receiving 5-6 hours of daily, specialized therapy, Monday through Friday.

The IOP will increase SLI's ability to serve more clergy and consecrated religious, and become a primary method of therapeutic services. This change will fold SLI's current residential treatment programs into the new IOP.

### *A New Space*

In fall 2021 SLI will move from our current campus to a new office space in downtown Silver Spring. This treatment framework for clergy and religious will best flourish in an environment that supports advanced communications and treatment needs.





# A CONTINUUM OF CARE

THROUGH THE FULL VOCATION LIFE CYCLE

## **Our Commitment**

*Our mission* is to foster healthy ministers for a vibrant Catholic Church. *Our experience* tells us that one in five adults will be affected by mental illness. *Our expertise* assures quality, healing care when it is needed most.

## **How We Help**

### *Vocational Assessments*

We evaluate permanent diaconate, priesthood, and religious life candidates for vocational suitability during an in-depth, multi-day spiritual and psychological assessment.

### *Clinical Evaluation*

Identifying any problem is the first step in treatment. After a five-day comprehensive psychological and spiritual evaluation, we provide an informed diagnosis with corresponding recommendations to foster growth and healing.

### *Outpatient Therapy*

In addition to the Intensive Outpatient Program, we offer regular outpatient services, including group and individual therapy and spiritual direction, for local laity, clergy, and religious to help them address and navigate daily struggles.

### *Consultation*

Confidential services provide Church leaders expert support to manage complex pastoral difficulties, including personnel or behavioral challenges that may disrupt community and parish life.

### *Education*

In-person and online educational offerings address the psychological, behavioral, and spiritual health and ministry needs of Catholic clergy, religious, and laity. We provide in-depth learning for dioceses, religious congregations, and seminaries worldwide.

*We Understand. We Are Here to Help.*  
SLI.org | SLIconnect.org | 301-422-5429