COMPASSIONATE CARE REIMAGINED





SAINT LUKE INSTITUTE

Annual Report | July 1, 2020-June 30, 2021

Saint Luke Institute strengthens the psychological and spiritual well-being of Catholic clergy and religious.

"Clothe Yourselves With Compassion"
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ACCREDITATION

Saint Luke Institute is accredited by The Joint Commission and licensed by the State of Maryland Department of Health and Mental Hygiene.

The Joint Commission Accreditation for behavioral health care organizations is a nationally recognized leader in accreditation. The Joint Commission is an independent, objective evaluator of care quality. Accreditation from the Joint Commission is a "gold seal of quality" and a mark of distinction for behavioral health organizations.

Over many decades Saint Luke Institute has achieved this standard of quality. It is our commitment to the Catholic Church and its servants to provide quality care, treatment, and service.



"CLOTHE YOURSELVES WITH COMPASSION"

Fr. David Songy, O.F.M.Cap., S.T.D., Psy.D. President and CEO



Dear Friends in Christ,

In Colossians 3:12, the apostle Paul urges followers of Christ to show compassion: "Therefore, as God's chosen people, holy and beloved, clothe yourselves with compassion, kindness, humility, gentleness, and patience."

Clergy and religious men and women are human beings with real needs and real frailties. Those who come to Saint Luke Institute often struggle with depression, addiction, past trauma, or anxiety. They need *compassionate* care. Our mission at Saint Luke Institute is to foster healthy ministers for a vibrant Catholic Church. As a healthcare system and a Catholic institution, we care deeply about the Church and the leaders who minister in its name.

The prophet Nehemiah praised God's benevolence when leading a stubborn people out of Egypt: "Because of your great compassion, you did not abandon them in the desert" (9:19).

To our experienced clinicians, dedicated staff, and generous donors, I offer sincere thanks for your exquisite reflection of our Lord's unending compassion. We have continued to be challenged in unprecedented ways during the past year and a half, and I am sincerely thankful that Saint Luke Institute has found new, innovative ways to care for priests and religious with the compassion of Christ.

Saint Luke Institute strives to lead the way in providing the highest quality psychological and spiritual care, never abandoning our brothers and sisters in Christ.

- For over 40 years, we have helped tens of thousands of individuals. We provide expert psychological care within a Catholic context, upholding the dignity of the whole person as created by God.
- We provide a continuum of services through the entire vocational life cycle, knowing that challenges can arise at any point in a person's life.
- We know that clergy and religious have limited time and financial resources, coupled with significant responsibilities, and we have designed our Intensive Outpatient Program to address these needs.

I am privileged to be a part of the healing journey for so many and honored to share Saint Luke Institute's accomplishments and results from the past year with you in this FY 2020-21 Annual Report.

In the peace of Christ,

7. David Song OFM Cap.

Fr. David Songy, O.F.M.Cap., S.T.D., Psy.D. President and CEO

EDUCATION: GROWING OUR REACH



Ms. Beth Davis, M.A. Director of Education

SLIconnect is the education ministry of Saint Luke Institute, supporting the psychological and spiritual health of men and women serving in the Catholic Church.

Through SLIconnect clergy, religious, and lay leaders around the world access practical, skills-based courses. Our content encourages self-care and development, nourishes life-giving relationships, and cultivates an effective ministry that can navigate our culture's most challenging situations with grace and love.

Growth in Education	FY2020	FY2021
Number of group subscriptions	47	57
Available courses	148	165
In-person and online workshops	48	48
In-person and online workshop participants	3,354	6,117

Reach

In 2021, we served 6,117 participants with our online education offerings. Our reach is international, with people joining us from Australia, India, Ireland, Italy, and New Zealand, as well as the United States.

In April 2022, we look forward to resuming in-person teaching with the fourth biennial Conference on Human Formation in St. Meinrad, Indiana. The series returns to the topic of initial and ongoing celibacy formation for the priesthood and religious life. Presenters will offer skills and resources needed to prepare men and women for the charism of celibate chastity.

Programs

The world is different as we continue to navigate the COVID-19 pandemic. So, this year we offered several new programs to help ministers guide their constituents through these turbulent times and provide support, encouragement, and coping skills for our leaders.

 Mental Health Matters – This live virtual event took place in March and April 2021 and was one of our most successful webinar series to date, with more than 185 participants. Now available on-demand, the eight-hour series helps participants address mental health challenges that can arise among men and women pursuing the priesthood, religious life, and ministry in the Church.

Our free program offerings also continue to bless our community with wisdom and understanding.

- *Humility in Eucharistic Ministry and Devotion* More than 240 registered to participate live, and another 100+ have listened on-demand, as Father David Songy explores the divine gift of Eucharistic humility.
- Grace & Bias: Forming Catholic Leaders Around Issues of Race A generous grant allowed us to offer this
 three-part series for free. More than 300 individuals participated in each session. The series explores issues of
 implicit bias, creating a safe space to have a dialogue about racism, and theological reflection on how we can
 overcome racism in our own hearts and the hearts of others.

Impact

The flexibility of the SLIconnect platform served our constituents well in a time when in-person education halted in many organizations. Fortunately, we already knew how to deliver content online and had little to change when challenging times hit.

Our number of group subscriptions to SLIconnect has more than doubled since launching in 2016. Subscribers include archdioceses, religious communities, seminaries, and formators groups, and they use the content in myriad ways:

• Staff professional development

- Leadership training
- Articles for parish bulletins, websites, and newsletters Retreats
- Priest support groups
- Deanery meetings

- Retreats
- Seminary and formation training
- Personal enrichment and formation

66 Here's what SLIconnect users have to say about us:

"I am finding the Mental Health training series to be very informative and helpful as I grow into my ministry as Formation Director. I continue to be impressed with the great work of Saint Luke's and St. Meinrad's in helping us in leadership, formation and vocation ministries to best serve those to whom we minister."

"Thank you so much. I struggle with handling difficult people. This gives me tools to use!" "Presentation was clear, concise, current, most relevant to our times of the pandemic, applicable practical framework. Worth every minute of my attention. Thank you, Fr. David S., for your witness!"

"Can I say here a BIG 'thank you' to you and everyone else at Saint Luke Institute for the excellent webinars that have been produced. These have been a real lifeline for me during these very strange Covid-19 times."



Your Support Educates

SLI is investing in the mental and spiritual well-being of today's clergy, religious, and lay ministers because of your support. Take a look at the expertly developed resources available to the Church at SLIconnect.org/resources.

A YEAR OF CHANGE: Amplifying Our Mission and Vision

Ms. Kathy Carver, M.A. Director of Institutional Advancement

What a difference a year makes. The pandemic is not over, and it continues to affect many aspects of our daily lives. Yet, Father David's encouraging meditation on Isaiah 43:19 from last year's annual report still resonates today.

"See, I am doing something new! Now it springs forth, do you not perceive it?"

Saint Luke Institute has undertaken several new initiatives in its advancement efforts. These efforts are now reaping a harvest in our ability to prevent and intervene in mental health concerns and provide best-in-class treatment for clergy, religious, seminarians, and vocational candidates.

In the past 24 months, between June 2019 and June 2021, our donor base has increased by 370 percent. Two factors account for this increase. One, an intentional strategy was implemented to introduce active Catholics to the mission and ministry of Saint Luke Institute through robust direct mail campaigns that focused on Candidate Assessments. Second, the Annual Benefit was held virtually last year and invited a national audience to tune in for the first time. And, I would be remiss if I did not mention the feet-on-the-ground efforts by our staff who have tirelessly amplified our mission and vision throughout the communities we serve.



Candidate Assessment

SLI continues its important work in ensuring that healthy and holy men and women are prepared for ecclesiastic ministry through its Candidate Assessment program. Dr. Emily Cash shares her insight on conducting Candidate Assessments in a newly produced video, *Life Giving Insight for the Formation Journey*. SLI's team approach to Candidate Assessments is one unique feature of our process. A three-person interdisciplinary team assesses each candidate for the permanent diaconate, priesthood, and religious life over two days. Candidates are administered personality and cognitive testing, and participate in clinical, psychological, and spiritual evaluations. Then, we share comprehensive verbal and written reports with the candidate and their diocese, seminary, or religious order so that together, they can make a more informed and supportive decision about the candidate's future.



Recently Released:

View Life Giving Insight for the Formation Journey, by Dr. Emily Cash, Saint Luke Institute's Director of Candidate Assessments. (https://youtu.be/sHIRcekd-DA)

This year SLI served 6,362 clergy, religious, vocational c

Benefit Committee

This year, we formed a working Benefit committee to generate enthusiasm, support, and engagement for our Annual Benefit. As one of the few volunteer opportunities available at Saint Luke Institute, the committee provides a direct means for SLI's donors to use their gifts and skills to support our healing ministry. Ultimately, our goal is to increase attendance and dollars raised to help Saint Luke Institute continue leading the future of care and provide the best in outpatient treatment for spiritual leaders. A tremendous thank-you to our inaugural committee members:

- Jane and Kevin Belford
- Mr. and Mrs. Vincent Burke III
- Dan and Lisa Christovich
- Msgr. Bill English
- RAdm. and Mrs. James Hinkle, USN Ret (co-chairs)
- Sister Gilmary Kay, RSM
- Sister Ellen M. LaCapria, DC
- Pam and Dennis Lucey
- Terry and Margaret O'Donnell (co-chairs)
- Mary Noel and Bill Page
- Beth and John Veihmeyer

Your Gift Matters

Your financial gifts make our ministry possible. In light of the global health crisis, they are needed now more than ever. Your support enables our commitment to the mental and spiritual health needs of seminarians, clergy, and men and women religious. We thank you for your partnership and generosity.

2021 Benefit Co-Chairs



RAdm. and Mrs. James Hinkle, USN Ret



Terrence and Margaret O'Donnell, K.M.

Although Saint Luke Institute's annual benefit is on October 18, we are accepting donations through the end of the year. The annual benefit is our biggest fundraiser of the year and helps fund essential services provided through Saint Luke. For more information or to make your contribution, visit sli.org/donate.

l candidates, and lay people because of your contributions.

SAINT LUKE INSTITUTE AT A GLANCE

INDIVIDUALS SERVED

6,362 men and women the Institute served (care and education)

Men who received evaluations and treatment 186

Women who received evaluations 59 and treatment \dots

 $136 \ {}^{\rm candidate \ assessments}_{\rm for \ men \ and \ women}$

INSTITUTIONS AND LOCATIONS SERVED



FY'21 CLIENT CARE Personnel



"Through therapy at SLI, I have learned that God's love has no boundaries"

- Grateful Client

Operating Revenue, Expense, and Charity Care Provided

July 2020 - June 2021

Total Revenue		
Donations	\$479,563	
Patient Revenue	\$5,199,357	
Investment Income	\$34,436	
SLI Foundation Grants	\$300,000	
	\$6,013,056	

Operating	Expenses
Personnel	\$5,613,162
Facility	\$1,294,983
Office	\$616,198
	\$7,524,343

89

Clients who received charitable discounts to access services including: evaluation, treatment, education, or a candidate assessment.

In Gratitude for our Partners in Mission and Ministry

\$35,000-\$25,000 Knights of Columbus

\$20,000-\$10,000

Adelaide Kroeger and Marie Kroeger Albee Charitable Trust Ayco Charitable Foundation Mr. and Mrs. David S.J. Brown KM Mr. and Mrs. Daniel A. D'Aniello Colonel and Mrs. Daniel and Christine W. Gill KLNB Mr. and Mrs. Terry Lindsay Jr. Nino R. Vaghi Foundation, Inc. Mr. and Mrs. Jeremiah Norton Mr. and Mrs. Terrence O'Donnell

\$9,999-\$5,000

Anonymous ACTA Foundation Andreas Foundation Archdiocese of Atlanta Archdiocese of Detroit Archdiocese of Newark Archdiocese of Washington Audrey and Martin Gruss Foundation Mr. and Mrs. Kevin Baine Mr. and Mrs. Lisa and Dan Christovich Church of the Little Flower, Bethesda, MD Daniels Fund Loyola Foundation Mr. and Mrs. Dennis I. Meyer Reverend Paul A. Scaglione

\$4,999-\$2,500

Archdiocese of Denver Archdiocese of Hartford Mr. and Mrs. Raymond C. Brophy Daughters of Charity Dyer & Associates P.C. Fidelity Charitable Gift Fund Mr. and Mrs. Henry K. Goetzman Mr. and Mrs. Michael K. Hickey Mr. and Mrs. John Lindsay Missionary Servants of the Most Holy Trinity Ms. Annalisa O'Neill Our Lady of Gethsemani Abbey, Trappist, KY Mr. and Mrs. William J. Page The John and Elizabeth Lane Foundation The RCM&D Foundation, Inc. United Bank Waldorf Risk Solutions

\$2,499-\$1,000

Archdiocese for the Military Services Archdiocese of Baltimore Archdiocese of New Orleans Assumption Abbey Mr. Karl R. Barnickol



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Racine Dominicans Rev. Msgr. Joseph A. Ranieri Renaissance Charitable Foundation Mr. and Mrs. Philip P. Rossetti Rev. Msgr. Stephen J. Rossetti Ph.D., D.Min. Deacon Mark Rougeux St. Anselm's Abbey, Washington, DC The Colton Group, Inc. Mr. James L. Walsh

\$999-\$500

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\$499 and Under

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Planning Giving

Planned gifts to Saint Luke Institute expand the accessibility of professional mental health care to Catholic clergy and men and women religious. For donors, a planned gift offers a way to make a statement about their values and support of the Catholic Church.

Often people believe that planned giving is only for the very wealthy. In fact, most planned gifts are moderate in nature and are in relationship to donor capacity. Planning ahead for a legacy gift allows donors to balance their desire to support their preferred charities while ensuring care for their family members.

The most common form of an estate gift to Saint Luke Institute is a specific bequest in a will or revocable trust. In addition to providing critically needed funds to support our mission, a contribution to Saint Luke Institute qualifies for an estate tax charitable deduction.

Please consider including Saint Luke Institute in your legacy and as a testament to your support for Catholic clergy and religious.

To learn more, visit SLI.org/donate/planned-giving or contact Christopher Anderson (christophera@sli.org or 301-422-5593).

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Compassionat<u>e Care</u> Reimagined



Mr. David S.J. Brown, K.M. Chairman, Board of Directors

You have likely noticed a new image and tagline appearing on communications this year, and I wanted to take a moment to share with you why.

First, the infinite and unfailing compassion of our Lord is prominent throughout the Scriptures, indeed, at the core of Catholic theology. Compassion is foundational to Saint Luke Institute's approach to mental and spiritual healthcare.

- SLI assists priests and religious in understanding the impact of their illness and its effect on themselves and the community.
- SLI helps clients re-connect with the Lord of compassion and rebuild their spiritual lives as an integral complement to psychological therapy.
- SLI exists to ensure that every client thrives and realizes his/her potential to share the Gospel with others.



SAINT LUKE INSTITUTE COMPASSIONATE CARE reimagined

Second, reimagined refers to Saint Luke Institute's new approach to delivering the highest quality, most compassionate care to our clergy and men and women religious: our new Intensive Outpatient Program (IOP).

The IOP provides a flexible approach to mental healthcare, a more practical option for many clients. It also offers cost savings through increased insurance coverage, allowing for greater access to care. Through the IOP, we offer clients the freedom to maintain healthy relationships and the rhythms of daily life while in treatment, to foster a more natural transition back to ministry and community life.

Supporting a successful return to ministry and community life for a vibrant Catholic Church is our unwavering mission.

We continue to serve clergy and men and women religious in need of compassionate healing, and we thank you for your steadfast support.



Mrs. Christine Gill, J.D., Vice Chair Rev. David G. Songy, O.F.M. Cap., S.T.D., Psy.D., President and CEO His Eminence Cardinal Kevin Farrell Dr. Sheila Harron, Ph.D. Sr. Ellen M. LaCapria, D.C., ATR-BC Dr. Richard Milone, M.D., K.M. Mr. Terrence O'Donnell, J.D., K.M. Msgr. Peter Vaghi Mrs. Elizabeth Lane Brown, R.N. Dr. Hugh Dempsey, D.Ed., KMOb Mr. Jeremiah O. Norton, J.D. Msgr. Stephen Rossetti, D.Min., Ph.D., President Emeritus

Support the 2021 Saint Luke Institute Benefit

It's not too late to donate!

Although Saint Luke Institute's annual benefit is on October 18, we are still accepting donations through the end of the year. The annual benefit is our biggest fundraiser of the year and helps fund essential services provided through Saint Luke.

your Gift

Your financial gifts make our ministry possible. In light of the global health crisis, they are needed now more than ever. Your support enables our commitment to the mental and spiritual health needs of seminarians, clergy, and men and women religious. We thank you for your

partnership and generosity.

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sli.org/donate

Saint Luke Institute ATTN: Advancement 8901 New Hampshire Avenue Silver Spring, MD 20903



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Saint Luke Institute

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SAINT LUKE INSTITUTE Supporting the Healing Ministry of Christ