



Experience Matters

Saint Luke Institute has been providing psychological assessments for applicants to the priesthood and religious life for nearly 30 years. Our candidate assessments are:

- Comprehensive, integrating spiritual and human formation
- Consistent with the Church's expectations for candidate assessment
- Confidential, because privacy is of paramount concern



SAINT LUKE INSTITUTE

SCHEDULING A CANDIDATE ASSESSMENT

Candidate assessments are conducted in three locations.

Maryland

Saint Luke Institute
8380 Colesville Rd., Suite 300
Silver Spring, MD 20910-6264

Caritas Counseling Center
1300 York Road, Suite 140A
Lutherville-Timonium, MD 21093

Kentucky

Saint Luke Center
9400 Williamsburg Plaza, Suite 300
Louisville, KY 40222

Contact

Emily Cash, Psy.D.
Director, Candidate Assessment Program
and Saint Luke Center
502-632-2471 | emilyc@sl.i.org

Housing and Transportation

Candidate assessment clients have several housing options that they can arrange on their own or with assistance from our staff. Housing options include nearby hotels and religious houses. Free parking is available at all sites.

SLI.ORG

SAINT LUKE INSTITUTE CANDIDATE ASSESSMENT



*Fostering Growth
and Assuring
Vocational Suitability*

SLI's CANDIDATE ASSESSMENT PROCESS

MAPPING THE JOURNEY

Saint Luke Institute evaluates permanent diaconate, priesthood, and religious life candidates for vocational suitability during an in-depth, multi-day spiritual and psychological assessment. SLI's assessment provides a practical roadmap for leadership to help guide and deepen the candidate's journey.

The Saint Luke Institute Candidate Assessment Protocol (SLI-CAP) is a multidisciplinary team approach to psychological assessment using two clinicians and one trained spiritual director. With this collaborative, holistic model we integrate a variety of perspectives and provide the candidate and diocese or religious order with a richer, more positive experience.

The SLI-CAP is based on best practices in psychological and spiritual assessment and is aligned with the United States Conference of Catholic Bishops' *Guidelines for the Use of Psychology in Seminary Admissions*.

WHAT'S INVOLVED

The assessment process includes clinical and psychosocial interviews, a spiritual assessment, and intellectual and psychological testing. In addition to a pre-assessment personal profile and spirituality profile, clients:

- Complete a series of clinical and psychosocial interviews with two trained professionals to explore and understand the candidate's psychological and psychosocial profile
- Participate in an in-depth interview with a spiritual formator to identify the candidate's current religious beliefs, practices, and understanding of the discernment process
- Receive intelligence and psychological testing to obtain a current measure of intellectual functioning and to better understand the candidate's personality profile and general mental health

PROVIDING FEEDBACK

The evaluation process concludes with a feedback session with the assessment team, candidate, and formation or vocation director. A comprehensive written report with concrete recommendations by area (intellectual, human, spiritual, pastoral) is provided within two weeks.



We provide leadership with key psychological and spiritual recommendations and a roadmap for ongoing development and preparation for ministry.

Providing critical insight for the formation journey