

## **EDUCATIONAL RESOURCES**

SLIconnect.org | LukeNotes | Speakers Bureau | Consultation

# **sliconnect** Resources for Healthy Life & Ministry

"How much better to get wisdom than gold, to get insight rather than silver."

~Proverbs 16:16

## **OUR APPROACH**

Education is at the heart of Saint Luke Institute's mission.

We are a global educational resource supporting the psychological, behavioral, and spiritual health of all those in ministry.

We provide educational resources in a variety of formats that are rigorously developed and professionally presented by leaders who are experts in their fields – experts who specialize in working with clergy, religious, and pastoral personnel.

Our content can be utilized in a variety of settings including ongoing personal formation, days of reflection, seminary formation, and parish staff development.

#### **CONSULTATION**

Leadership can challenge a superior beyond their usual areas of expertise. Saint Luke Institute provides expert confidential, professional assistance to accompany you. Just give us a call.



#### SLICONNECT.ORG

An online library of over 170 webinars, addressing:

#### **HEALTH & WELLNESS TOPICS**

Aging, Burnout, Exercise, Emotional Intelligence, Grief & Loss, Mindfulness, Nutrition, Resiliency, and Retirement

#### **PSYCHOLOGICAL TOPICS**

Addiction, Anger, Anxiety, Assertiveness, Conflict Resolution, Depression, Internet Pornography, Intercultural Empathy, Personality and Family Dynamics, Sexual Integrity, and Trauma

#### **SPIRITUALITY TOPICS**

Desolation, Discernment, Embracing Transition, Forgiveness, Mercy, Prayer, Reconciliation, Self-Compassion, and Spiritual Direction

Enrolling in SLIconnect.org includes a two-week free trial, 24/7 unlimited access to all online content, downloadable handouts, certificates for continuing education, and user participation tracking.



#### LUKENOTES AND COMPLIMENTARY RESOURCES

More than 150 free resources, including presentations and case studies of psychological and spiritual health issues, managing emotional and spiritual health, healthy tips for ministers as well as weekly meditations.

#### **SPEAKERS BUREAU**

Looking for a speaker to host a live presentation? Saint Luke Institute has a variety of experts available to present on many topics, including: boundaries, burnout, conflict management, resiliency, self-care, spiritual and psychological wellbeing, stress management, and transition.



Fostering healthy ministers for a vibrant Church.

### LEARN MORE SLI.org & SLIconnect.org

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Saint Luke Institute is accredited by The Joint Commission.