



SAINT LUKE INSTITUTE

Fostering healthy ministers for a vibrant Church

Emmaus Program

COMPREHENSIVE PSYCHOLOGICAL AND SPIRITUAL CARE FOR CLERGY AND RELIGIOUS

*"The disciples told what had happened on the road,
and how Jesus had been made known to them..." - Luke 24:35*

The encounter of the disciples on the road to Emmaus forms the pattern of healing and care that is at the heart of Saint Luke Institute, where, for nearly fifty years, we have been treating long-term mental health needs for ministers, including:

- Addictions and recovery
- Anxiety and stress management
- Depression and mood disorders
- Burnout
- Childhood abuse and adult trauma
- Life transitions
- Sexual wellness, including healthy celibacy
- Relationship health and boundaries

Those ministers who enter our five-day-a-week, multi-month treatment program encounter our dedicated clinicians and spiritual caregivers who, in the healing spirit of Christ, carefully and lovingly bring them back to balance, and to their true selves. They receive licensed therapeutic care, new skills, and renewed hope to enable coping, recovery with confidence, and a return to active ministry.

The new name for our professional, clinically and spiritually focused and highly successful therapeutic day-treatment program, based out of our Silver Spring, Maryland location, underlines the same comprehensive care we have always provided, while highlighting its connection to the journey to wholeness expressed in the Emmaus encounter.

In addition, our integrated care model includes:

- Initial assessment and treatment recommendations
- Options for community housing, meals and prayer among welcoming religious houses for women and men in the Greater Washington, DC area
- Likely savings of thousands of dollars and greater support in transition back to ministry when compared to a residential program, even when housing costs are considered
- Further savings possible through insurance reimbursement
- Easy private car, public transit, and ride share accessibility to our Silver Spring office suite



SLI.ORG/EMMAUS

Questions? Contact

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