

The Art of Aging Gratefully: Learning from Religious Women

A Global Virtual Conference & Inaugural Event

 Saturday, October 10, 2026 | World Mental Health Day
Time: 8:30 a.m. to 12:30 p.m. Eastern

Global Institute for Mental Health, *a ministry of Saint Luke Institute*



This global virtual event will lift up the way in which Catholic Sisters model, resource, and respond to the needs of aging in ways that are holistic, holy, and reflect a proven model from which everyone in the Church can learn—religious, clergy and lay.

The Art of Aging Gratefully virtual event is being held in October to align with the Pope's Worldwide Prayer Network intention for mental health ministry.

Continuing education units (CEUs) available for registrants.

Contact us for details: gimh@slu.org | Learn more and register: slu.org/gimh